

Reading Body Language and Verbal Cues Worksheet – Client _____

Body Language Awareness	Body Language Actual:
 Eyes – Looking @ you and comfortable. Shoulders – Relaxed and square to the screen. Facial movements – Comfortable or Concerning? Fidgeting or impatient? Lips – Relaxed or cringed? Body turned away vs facing? Distracted behaviors? Changes of body language from relaxed convo to intense discussions? Upright posture Head in relaxed tilted position 	
Verbal Cues Awareness	Verbal Cues Actual Worth Noting:
 Soft words and statements (almost, kind of, sort of, started to, I "think" so, like to, want to). Pitch, pace, volume changes. Push off statements (looks great! I like it! Nice job!) Short quick answers vs description. Answers to accusation audits and labelling: Answers to challenging open ended questions. 	

- 1. Accusation Audit and Labelling: "It seems like..." "It sounds like...". "I believe what you said but your tone gives me concern that you may still have hesitation. Am I misreading it?". "It seems like you are in disagreement."
- 2. Extraneous information prior to saying something can be red flag.
- 3. Challenging Open Ended Questions to get them talking and YOU in control. I appreciate your comments. Can you help me understand what it is you like about this presentation?"